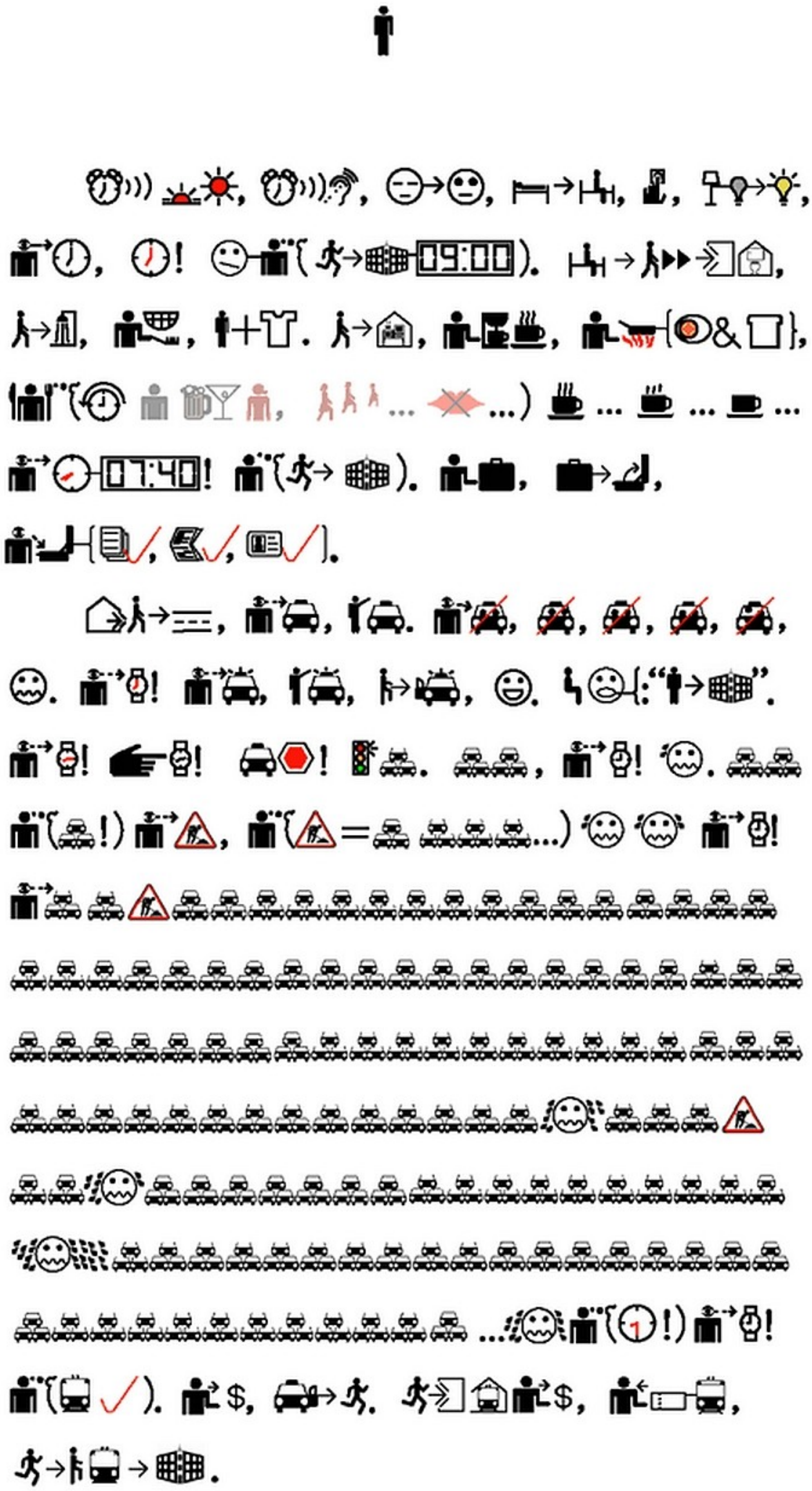Rakonto de Lenadi